



FUUFHC ~ ELEMENTARY OUR WHOLE LIVES ~ 2018

COURSE CONTENT OUTLINES

Date/Time	Kindergarten – First Grades	Fourth - Fifth Grades
<p>JANUARY 28th</p> <p>1 -3:30PM</p> <p>Parent/Guardian & Child</p>	<p>Family Orientation – This <u>MANDATORY</u> session engages parents as partners in the OWL program, introducing curriculum & resources, as well as OWL program goals and UU values. Parents will appreciate their role in reinforcing and expanding student learning, and gain an understanding of how to manage student questions and concerns. The session is interactive, and will involve time with students/parents together, as well as students/parents in separate workshops.</p> <p>NOTE - The material covered in K-1 & 4-5 is completely different.</p>	<p>Family Orientation – This <u>MANDATORY</u> session engages parents as partners in the OWL program, introducing curriculum & resources, as well as OWL program goals and UU values. Parents will appreciate their role in reinforcing and expanding student learning, and gain an understanding of how to manage student questions and concerns. The session is interactive, and will involve time with students/parents together, as well as students/parents in separate workshops.</p> <p>NOTE - The material covered in K-1 & 4-5 is completely different.</p>
<p>2/11/18</p> <p>K-1: 10:30-11:30</p> <p>4-5: 10:30-11:45</p>	<p>Students will remain in the general K-5 RE program until their OWL class begins on 2/25.</p>	<p>Sexuality & Values – Helps participants clarify, support, and communicate their values about sexuality.</p>
<p>2/18/18</p> <p>K-1: 10:30-11:30</p> <p>4-5: 10:30-11:45</p>	<p>Students will remain in the general K-5 RE program until their OWL class begins on 2/25.</p>	<p>Images in Popular Culture – Helps participants become informed about and aware of how the media portray sexuality.</p>
<p>2/25/18</p> <p>K-1: 10:30-11:30</p> <p>4-5: 10:30-11:45</p>	<p>Parent & Child Attend Together</p> <p>Our Wonderful Bodies – Pt 1 - Builds on children’s knowledge about the parts of their body.</p>	<p>Body Image – Helps participants explore the concept of body image, understand the diverse experiences that people have with their body and its abilities, and consider ways to keep their own body healthy.</p>
<p>3/11/18</p> <p>K-1: 10:30-11:30</p> <p>4-5: 10:30-11:45</p>	<p>Our Wonderful Bodies – Pt 2 - Extends the discussion, names the female and male genital parts, looks at gender constancy, and explores gender roles.</p>	<p>Changes of Puberty – Helps participants understand the physical and emotional changes of puberty.</p>
<p>3/18/18</p> <p>K-1: 10:30-11:30</p> <p>4-5: 10:30-11:45</p>	<p>Healthy Bodies, Safe Bodies - Helps children learn ways to keep their bodies healthy and safe and includes sexual abuse prevention strategies.</p>	<p>Gender – Helps participants examine the messages they receive about gender. They learn what it means to have a gender identity and about some of the many variations of gender identity.</p>

<p>3/25/18 K-1: 10:30-11:30 4-5: 10:30-11:45</p>	<p>Families - Invites children to learn about many different family groupings and arrive at a definition of family.</p>	<p>Feelings & Attraction – Helps participants understand the concept of being romantically attracted to someone else, whether of a different gender or the same gender. Participants learn some of the terms commonly used to talk about sexual orientation, and think about what people may do in a variety of scenarios related to attraction.</p>
<p>4/22/18 K-1: 10:30-11:30 4-5: 10:30-11:45</p>	<p>Family and Feelings – Looks at family feelings and the mixed emotions that children feel when their families change.</p>	<p>Reproduction & Staying Healthy – Covers conception, pregnancy, contraception, sexually transmitted infections, and other possible consequences of sexual activity.</p>
<p>4/29/18 K-1: 10:30-11:30 4-5: 10:30-11:45</p>	<p>Babies and Families - Explores how families nurture babies emotionally and physically and how babies enter families through birth and adoption.</p>	<p>Decision & Actions – Educates participants about a range of sexual activity, including masturbation and sexually explicit media (pornography). Participants have an opportunity to think about when they would and would not want to engage in certain behaviors.</p>
<p>5/6/18 K-1: 10:30-11:30 4-5: 10:30-11:45</p>	<p>Birth of a Baby – Presents alternative stories of conception: version 1 explains that the sperm and egg join together to start a new life; Version 2 extends to sexual intercourse. Both express human love.</p>	<p>Consent & Peer Pressure – Helps participants learn how to communicate about consent, to examine situations in which consent is violated, and to identify people in their lives who can offer help.</p>
<p>5/13/18 K-1: 10:30-11:30 4-5: 10:30-11:45</p>	<p>Parent & Child Attend Together Celebrations - This final session affirms the many ways that families celebrate joyous occasions throughout their lives.</p>	<p>Healthy Relationships & Celebration – Helps participants understand the components of a healthy relationship. This workshop includes a celebration for the conclusion of the program.</p>